

# Middle Kids

God

## God is Holy

### Hands-On Activities

#### Cleanliness and Purity

Gather cleaning items (soap, spray) and everyday objects (rocks, toys). Have kids sort them: what cleans vs. what doesn't? Explain God makes us clean and set apart.

#### Mirroring God

Play a mirroring game (like Simon Says) but explain that our actions should reflect God's perfect holiness, like a reflection

#### Holy Space Diorama

Build a blanket fort or decorate a corner with Bible verses, drawings, and objects to create a special, set-apart place for quiet time with God.

#### One of These is Not Like the Others

Group objects where three are similar and one is different (e.g., three religious symbols vs. a secular toy), discussing how God is unique and set apart.

### Creative and Reflective Activities

#### Holy Art and Writing

Have kids draw or write words/verses about holiness (e.g., God is perfect, set apart, loving) on paper, illustrating what "holy" means to them.

#### Memory Verse Games

Use "Verse Relay" or "Scripture Search" to make learning verses (like Exodus 20) fun and interactive.

## Pretzel Crosses

Use pretzel sticks and water to form crosses, discussing how Jesus' sacrifice made us holy and pure before God.

## Science and Object Lessons

### God's Holy Spirit Everywhere

The "cup in water" trick (upside-down cup with paper towel) shows how air (God's Spirit) is present but unseen, filling space and keeping things separate.

## Discussion and Storytelling

### The Big Story

Narrate Bible stories, focusing on God's qualities (love, fairness) and how Jesus connects to them, encouraging kids to ask questions and share feelings.

### Red Light, Green Light

Use this game to talk about obeying God (green light) and stopping when He says (red light), linking to holiness.

## God is Creator and Worthy to be Praised

### Creator Activities (Genesis Focus)

#### Light and Dark Flashlight Game

In a dark room, use a flashlight to create light and dark, discussing how God separated them (Genesis 1)

#### Nature Art

Go outside, collect items (leaves, flowers), and create art (collages, rubbings) celebrating God's detail in each part.

#### Creation Storytelling

Have kids use props or drawings to retell the creation story, focusing on God's "very good" creation of people.

## Praising God Activities (Worthy Focus)

### “I Am Wonderfully Made” Mosaic

Trace hands or bodies, then fill them with colorful paper squares to represent Psalm 139, making a “God made me special” craft.

### Joyful Noise Kazoos

Make kazoos from paper towel tubes and wax paper to literally make a joyful noise for God (Psalm 100)

### Gratitude Journal/Leaf Hunt

Collect leaves (or draw them) and write down things you’re thankful for on each one, symbolizing God’s countless blessings.

### Worship Songs and Movement

Sing praise songs (writing lyrics on posters for them to see) and create actions or dances that show thanks.

## Connecting Power and Praiseworthy (Discussion)

### “I Wonder” Nature Walks

Walk outside and ask open-ended questions like, “Why do you think God made buzzing bees?” or “Isn’t it amazing how trees regrow?” to foster awe.

### God’s Gifts Discussion

Talk about the best gifts they’ve received, then transition to God’s greatest gift: life and the world, prompting praise for His generosity.

### Bible Story Connection

Use stories like Noah’s Ark or Jonah to discuss obedience and God’s faithfulness, showing how we honor Him (Worthy to be Praised).

# God is Everywhere at All Times

## Hands-On Object Lessons

### The “Invisible Air” Cup

Place a crumpled paper towel at the bottom of a cup, turn it upside down, and submerge it in water. The towel stays dry because of the trapped air, showing how the unseen (God/Spirit) fills every space, like the air.

### Hide and Seek with a Twist

Play hide-and-seek, but emphasize that even when hidden, GOD knows where they are, showing His constant awareness and presence.

### “God is Here” Art Project

Give kids paper and art supplies. Have them draw or write “God is here” on pictures of places like school, home or the playground, illustrating His presence in familiar spots.

## Games and Discussion

### Work of a Week Race

Teams shout out tasks from Monday-Sunday. This shows God’s presence in every second of the week, reinforcing His constant involvement.

### Red Light, Green Light (with a twist)

A classic game that can transition to talking about how God is always present, even when we don’t see Him or when we try to “hide” from Him.

### “I Spy” God’s Presence

Look around the room or outside and have kids find things that remind them God made them or is present in them (e.g., “I spy with my little eye something God made...a leaf/a person/the sky”)

## Creative and Reflective Activities

### Psalm 139 Explorations

Read Psalm 139 (verses 7-10 are great) and have kids draw or write what it means that there’s nowhere to flee from God’s presence, using images like mountains, the sea, or even the “wings of the dawn.”

## “God’s Superpower” Brainstorm

Discuss omnipresence as a “superpower” (like being in two places at once, which is impossible for humans but true for God) and brainstorm ways it’s comforting and not scary.

# God Knows What People Need and Desire but Still Expects Them to Pray

## Engaging Activities

### Needs vs. Wants Sort

Prepare cards with “needs” (food, shelter, wisdom) and “wants” (new toy, video game). Have kids sort them, then discuss how God meets needs but also cares about our wants, and prayer is how we talk to Him about both, using Bible stories (like Jesus feeding the 5000 for needs, or the Wedding at Cana for a small request).

### Prayer Request Flyers/Ships

Kids write prayers on paper, fold them into airplanes or ships, and “send” them across the room. Then pick up someone else’s and pray for it, showing prayer for others and God carrying their requests.

### The Prayer Jar

Decorate a jar. Kids write prayers/thanks on slips. Daily or weekly, pull one out to pray, reminding them God hears them, even when they don’t see immediate answers.

### Bible Story Skits (Daniel in the Lions’ Den, Hannah’s Prayer)

Act out stories where characters prayed for huge needs (Daniel for survival, Hannah for a child) and God answered, showing that even though God *knew*, prayer was essential to their story and relationship with Him.

### “God Knows” Story Circle

Start with a Bible verse (e.g., Matthew 6:8, “Your Father knows what you need before you ask”). Ask kids to share times God met needs they didn’t even ask for (unspoken needs) and then transition to times they prayed and felt heard, reinforcing that prayer is communication, not just a transaction.

## Key Takeaways for Kids

### God's omniscience

He knows everything, but prayer invites Him into our lives.

### Prayer builds relationship

It's talking *with* God, not just *at* Him

### Trust and Faith

Prayer shows we trust God even when we don't understand why He wants us to ask.

## God has Concern and Care for All People

### Discussion and Interactive Activities

#### "All People Matter" Discussion and Game

Play a game of musical partners, where the number of partners decreases each round, leaving one child out. Afterward, discuss how it feels to be left out and emphasize that God doesn't want anyone to be left out. Use this to facilitate a conversation about God's inclusive love for everyone.

#### "Follow the Leader" Prayer Walk

Lay out pictures representing different groups of people or global concerns (e.g., a map of your city, a globe, a picture of a hospital, a church building). Lead the children on a "prayer walk," stopping at each picture to pray for those specific people and their needs, reinforcing that God cares about people everywhere.

### Creative and Craft Activities

#### Caring Hand Prints

Give each child a piece of construction paper to trace and cut out two handprints and a long strip of paper. Have them write ways they can show God's care to others on the "fingers" of the hands (e.g., "help a sibling," "write a thank-you note"). They can then fold the strip accordion-style and attach the hands to either end to create an expanding paper craft as a reminder to act on God's love.

## “God Cares for You” Nature Drawing

Ready Bible verses like Luke 12:24, which talks about God feeding the ravens, and Luke 12:27, about how He clothes the lilies. Have the children draw their favorite things in nature and reflect on how the same God who cares for the details of nature also deeply cares for every single person.

## Compassion Flower Craft

Cut out petal shapes from paper. Brainstorm different ways to show compassion and care for others, and write or draw these ideas on the petals. Glue a circle in the center of a paper plate and attach the petals around it. Add a “stem” and display the flower as a visual reminder of God’s compassion and how they can reflect it.

## Service-Oriented Activities

### Secret Service Day

Choose a day where the group or each child in their family performs “secret” acts of service for others without being noticed. Examples include tidying a shared space, leaving an encouraging note, or doing a chore for someone else. Discuss later how it felt to bless someone quietly, just as God often works in unseen ways.

### Community Cleanup

Take your kids to a local park or neighborhood area for a silent “look-and-listen” walk, picking up any trash or pollution along the way. This activity connects God’s care for His creation with the practical action of the children in showing their care for the world and the people who live in it.

## God Loves and Values People Around the World

## Creative and Artistic Activities

### Global Friendship Bracelet

**Materials:** Yarn/string, beads in different colors (representing countries/cultures).

**Activity:** Use a world map; pick a country, learn one fact, and add a bead. Make bracelets representing the world, praying for people in each country as you add beads.

**Lesson:** GOd loves *everyone* in *every* place, making each bead (person) important.

### Creation Collage/Mural

**Materials:** Large paper, magazines, art supplies

**Activity:** Kids cut out diverse people, animals, landscapes, and cultures from magazines to create a collage showing the world's beauty, then add a central Bible verse about God's love (e.g., John 3:16, Psalm 139)

**Lesson:** God made *all* this diversity; He values every part of His creation.

## Experiential and Interactive Activities

### World's Smallest Violin (Empathy Game)

**Materials:** A tiny violin or just fingers

**Activity:** Talk about big global problems (poverty, conflict) then small personal hurts. "Does God care about this *tiny* hurt?" Then talk about how God cares for *everyone*, big or small, near or far, using the tiny violin for small pains and then making a big gesture for global needs.

**Lesson:** Loving our neighbor starts locally but extends to the whole world, reflecting God's expansive love.

## Discussion and Scripture-Based Activities

### Who is Special? (Yarn Circle)

**Activity:** Use a yarn circle on the floor. Ask questions like, "Is God's love big?" (step in). "Does God know your name?" (step in). "Does God care about people in Africa?" (step in). End with everyone in the circle, realizing everyone is special to God.

**Lesson:** Affirming God's love for *everyone* and *each* individual.

### Bible Story Skits/Pictionary

**Activity:** Act out Bible stories (like the Good Samaritan, Daniel in the Lions' Den, or Jesus Feeding the 5000) or play Scripture Pictionary, focusing on how Jesus showed love and value to diverse people.

**Lesson:** Jesus's actions demonstrate God's love for all people.

# God Proved His Unconditional Love for People by Sending Jesus

## Interactive and Hands-On Activities

### "Sticky Love" Heart Hunt

Hide paper hearts with attributes of God's love (eternal, patient, kind). Give kids double-sided tape to stick them on their clothes as they find them, then discuss each heart's meaning.

## Caring Coupon Book

Kids make coupons for acts of service (e.g., “Good for one chore help,” “Good for a listening ear”) to show God’s love in action.

## Bible Story Puppets

Use paper towel tube puppets to act out Jesus’ interactions with children or the story of the cross, making it tangible.

## “Filled with love” Balloons

Kids write ways to show God’s love on slips of paper, inflate balloons, and tie them off, symbolizing how God fills us with love.

## Love in Action Charades

Write down acts of kindness (helping, forgiving) and have kids act them out for others to guess, connection actions to love.

## Object Lessons and Discussions

### The Disappearing Vase (John 3:16)

Place a vase in a clear jar, then fill the jar with oil to make the vase seem to “disappear.” Explain how God is invisible, but Jesus (the Son) is His visible, real love, just like the vase is real but hidden.

### Love Languages

Discuss the 5 Love Languages and how Jesus showed love in different ways (words, service, gifts, touch, time), helping kids understand diverse expressions of love.

### Would You Rather...Sacrifice?

Discuss difficult choices (e.g., giving up a favorite toy) to understand the magnitude of Jesus’ sacrifice for us.

### “Jesus Shows Us God’s Love” Stained Glass Craft

Use heart/cross templates with colored tissue paper to create beautiful reminders of Jesus’ sacrifice and GOD’s love.

## Key Scripture Focus

John 3:16

God's great love demonstrated by giving Jesus

1 John 3:16-18

Love not just in word, but in action

1 Corinthians 13

The qualities of love

## God is Worthy of Worship

### Creative and Hands-On Activities

#### Bible Story Skits

Have kids act out Bible stories (creation, David and Goliath, Jesus' miracles) that reveal God's amazing character (strength, love, faithfulness).

#### Worship Art Gallery

Kids draw, paint, or sculpt what "God is Worthy" looks like in their lives or in Bible stories.

#### "God's Worthy" Playlist

Create a playlist of worship songs, discussing how the lyrics point to God's greatness, then have a dance party or quiet reflection time.

#### "Reasons to Praise" Jar

Decorate a jar. Each day, kids write a reason God is worthy (e.g., "He made amazing animals," "He always helps me") or an act of worship (helping a sibling) on a slip and add it.

### Heart and Mind Activities

#### "God's Attributes" Scavenger Hunt

Hide cards with God's qualities (loving, powerful, just, provider) around the room; kids find them and share a Bible story or personal experience that shows that attribute.

## Worship in Action Stations

Set up stations: prayer corner, Bible reading, singing, and a “service” station where they brainstorm ways to serve someone today as worship.

## Life Application Discussion

Use “What If?” scenarios: “What if you found a lost toy?” (Worship by returning it to show honesty/love).

## Core Concepts to Teach

### Worship is a Lifestyle

It’s not just singing; it’s obeying, serving, making good choices, and giving our best to God in everything.

### God’s Worthiness

He’s worthy because He created us, loves us, saved us (Jesus), and is always there.

### Heart Matters

Our attitude (sincere praise) is more important than the outward action.

## Example Scripture Focus

### 1 Corinthians 10:31

Whatever you do, do it all for the glory of God.

## God Deserves Respect, Obedience, and Honor

### Activities for Respect and Honor

#### “Honor a Toy” Party

Celebrate a favorite stuffed animal like a king/queen, discussing how we give God a place of honor, use His name respectfully, and show reverence.

#### “God’s Attributes” Art

Have kids draw or paint pictures representing God’s qualities (love, fairness, power) to understand *why* He deserves honor.

## Bible Character Skits

Assign Bible stories or verses (like Daniel in the lions' den for faith/obedience) for teams to act out, then discuss how characters honored God.

## “Show Your Faith” Scavenger Hunt

Hide items representing Christian virtues (prayer, helping, honesty) and have kids explain how each action honors God.

## Scripture Memory and Songs

Learn verses about honoring God (e.g., Psalm 100) and sing praise songs, connecting music to worship.

## Activities for Obedience

### Red Light, Green Light (God's Way)

Play the classic game, stopping instantly on “Red Light,” relating it to stopping wrong actions and obeying GOD quickly.

### Obedience Obstacle Course

Set up simple tasks (e.g., sort these blocks, then put them in order) showing how small acts of obedience build up.

### “O” for Obedience Meal

Serve round foods (hamburgers, Cheerios) and discuss how obedience (doing what God asks) makes Him happy and follows His “rules.”

### “My House Will Serve the Lord” Banner

Have kids decorate a banner with Joshua 24:15, discussing family rules and how following GOD's rules is a choice.

## Discussion and Reflection

### Ask “Why”

When kids obey, ask, “Why did you do that?” Connect their good choices to showing love for God.

## Relate to Their Lives

Discuss how obeying parents and teachers is practice for obeying God.

## Talk About God's Love

Emphasize that obedience isn't just rules, but a joyful response to God's amazing love and salvation through Jesus.

# God is All-Powerful and in Control of All Things

## Hands-On Demonstrations

### "With and Without God" Paper Rip

Write "With God" on a laminated sheet and "Without God" on a regular sheet. Have kids try to rip each; the regular paper rips easily, showing vulnerability, while the laminated one (with God's strength) is harder, demonstrating God's protection.

### Orange Peel Power

Place a peeled orange and an unpeeled orange in water. The unpeeled one floats (like God's armor), while the peeled one sinks, showing God's protective "peel" in our lives.

### Water Control

Use a large bowl of water and show how your hands can direct the flow, illustrating God's control over everything, even powerful forces like water.

## Creative Collaborative Activities

### Control Loop Chain

Make paper strips listing things God controls (family, school, weather) and link them into a long chain, praying for God to control each area.

### "Almighty" Art

Give kids paper to draw or write about God's power, illustrating memory verses or Bible stories (like Gideon) to help them remember His might.

### Universe Mobile

Create a mobile with big circle for Earth and smaller cutouts for stars/moon, teaching that God created and controls the universe.

# Games and Storytelling

## Fear Zone Game

Set up a “fear Zone” with tennis balls representing fears. Teams try to stop the balls from getting in, showing how we struggle alone but God helps us overcome fears.

## Baal vs. God Contest

Reenact Elijah’s story on Mount Carmel (1 Kings 18) with a fun contest to show God’s power over false gods, using rocks for altars.

## Discussion Prompts

- Ask kids to share everyday things God controls (breathing, sun rising) to highlight His constant power
- Discuss Bible stories where God showed His power (Creation, Noah’s Ark, David and Goliath)

# God is Faithful and Just

## Hands-On and Object Lessons

### Water on a Penny Experiment

Show how drops build on a penny (faithfulness) until they overflow, illustrating God’s overflowing blessings and faithfulness even when we think we’re full.

### Faithfulness Lessons

As you read Proverbs 3:3, have kids add beads to a string, discussing each bead as a reminder of God’s faithfulness in their lives or Bible stories.

### Build a Rock Structure

Build a small tower on a rock versus sand to show how God’s faithfulness is a solid foundation (Rock) compared to shifting human efforts (sand).

## Active Games and Skits

### Bible Story Skits

Divide kids into groups to act out stories (like Daniel in the lions’ den or Noah’s Ark), then guess how God was trustworthy in each situation, emphasizing His justice and care.

## “Don’t Drop the Ark” Balloon Game

Use a balloon (the “Ark”) and have kids work together to keep it from touching the ground, symbolizing the preciousness of God’s covenant and our responsibility to honor it.

## Red Light, Green Light

A simple game to teach listening and obeying commands, linking to how we trust and obey God’s just ways.

## Creative and Discussion Activities

### Faithfulness Collage/Drawing

Give kids paper to draw or write about a time God was faithful or illustrate a promise from the Bible (like Joshua 1:9 or Psalm 9:10)

### Sunrise Reflection

If possible, watch a sunrise. Read Lamentations 3:22-23 and discuss how the reliable sun reflects God’s consistent mercy and faithfulness.

### Bible 20 Questions

Use Bible characters or events to teach about God’s justice and faithfulness through yes/no questions, encouraging deeper engagement with Scripture.

## God is All-Knowing

### Creative and Reflective Activities

#### “Omniscient” Art

Give kids paper and markers to write “Omniscient” and draw or write what it means, like God knowing their secret thoughts or future, or illustrate a Bible story showing His knowledge.

#### Thought Bubble Drawings

Have kids draw themselves with thought bubbles, then discuss how God knows what’s in those bubbles even before they think it, linking to verses about God knowing our hearts.

#### Scripture Memory

Focus on verses like Psalm 139:1-4 or Jeremiah 17:10, using songs or creative writing to help them internalize that God knows them completely.

## Interactive Games and Object Lessons

### Bible 20 Questions

Play a classic game where one person thinks of a Bible character or event, and others ask yes/no questions to guess, showing how much there is to know.

### “God’s All-Seeing Eye” Hide-and-Seek

Play hide-and-seek, but discuss how even when we’re hidden, God sees us and knows where we are, reinforcing His constant presence and knowledge.

### “What’s in the Box?” Guessing Game

Have a mystery object in a closed box. Kids guess what it is. Then, reveal it and talk about how God knows everything without needing to look or ask.

## Discussion and Application

### If I Could Ask God Anything

Ask kids what they would ask God if He knew everything. Discuss His answers from a Biblical perspective (e.g., why bad things happen).

### Real-Life Examples

Share stories (or ask them to) where someone’s secret knowledge helped them or someone else, and connect it to God’s perfect, loving knowledge (e.g., knowing a friend needed help).

## God has Always Been and Always Will Be

### Creative and Craft Activities

#### Alpha and Omega Timeline

Give kids a paper strip. Have them draw their life timeline (birth to now). Then, draw a separate, endless line for God, showing He was there before their timeline and continues forever.

#### Forever Bracelet/Keychain

Use beads to represent different concepts: a clear bead for eternity, a colored bead for creation, a special bead for Jesus’ life, and another for the future. String them together to show an unbroken, eternal chain.

## “God’s Everlasting Love” Mosaic

Use pre-cut paper shapes to create a mosaic on a handprint outline or cross. Emphasize that God put each piece together perfectly and His plan for them is timeless.

## Object Lessons and Demonstrations

### Eternal Rope

Use a strong rope to represent God’s constant, faithful nature. Contrast it with flimsy string that breaks easily to show how people fail but God never does, reinforcing His always-and-forever presence.

### Water and Penny (Surface Tension)

Show how many drops of water (God’s blessings/presence) can fit on a penny (us) before overflowing. It demonstrates abundance and His constant provision, even in small things.

### Alpha and Omega Signs

Have kids write “Alpha and Omega” on paper and draw or write a word representing God’s beginning (Creator) and end (Saviour/Everlasting King).

## Games and Movement

### God’s Timeless Light (Red Light, Green Light)

Play Red Light, Green Light, but when “Red Light” is called, you turn the lights off. Kids must freeze or move with courage as if Jesus is their light, showing He’s always there, even in the dark.

### Bible Verse Scavenger Hunt

Hide verses about God’s eternal nature (e.g., Psalm 90:2, Isaiah 43:10) and have them find them, discussing how God existed before the events in the verses.

## Discussion and Bible Stories

### Discuss Creation

Use Genesis 1:1. Ask “If God made everything, what was He doing before He made it?” to show He was always there.

## Talk About Prophecy

Look at Old Testament prophecies about Jesus and how He fulfilled them, showing God's eternal plan unfolding.

# God is God the Father, God the Son, and God the Holy Spirit (the Trinity).

## Hands-On Crafts and Visuals

### The Apple Analogy

Cut an apple to show the skin (Father, the protector), flesh (Son, Jesus in human form), and seeds (Spirit, life/growth). Explain they are different parts but all one apple.

### Three-Color Clay

Have kids roll three different colors (e.g., red, blue, yellow) into balls, then press them together into one larger shape without mixing, representing one God in three persons.

### Paper Weaving/Chains

Create a craft where three strips of paper (representing Father, Son, Spirit) are woven together to form one piece, or make a three-leaf clover craft.

### Trinity Knot Printable

Use printable Celtic Trinity knots, explaining the three interwoven loops are the three persons, but they form one continuous line.

## Games and Object Lessons

### Three Corners Game

Label corners of the room as Father, Son, and Holy Spirit. Call out a characteristic (e.g., "Creator," "Saves Us," "Helper") and have kids move to the corner that represents that role.

### Flashlight Analogy

Use one flashlight to show light (Father), the heat it gives off (Son, Jesus bringing warmth/love), and the beam (Spirit, God's presence reaching us).

## Trinity Charades

Act our roles: Father (caring, providing), Son (healing, teaching), Holy Spirit (guiding, comforting).

## Discussion and Bible Study

### Role Cards

Give kids cards with roles (Creator, Savior, Helper) and corresponding Bible verses (e.g., John 14:6 for Jesus, Romans 8:26 for Spirit) to match and discuss.

### Storytelling

Share stories of God as Creator, Jesus's life, and the coming of the Holy Spirit, focusing on how they work together as one God.